



## WFA Cup 1979-80

**Winner:** St Helens  
**Runner-Up:** Preston North End  
**No. of Entries:** 126

The 126 teams were divided into the 16 regional groups. The winners of each group were drawn against each other in the last 16.

Both Leicester teams – Emgals and Leicester City were in Group L. The latter were eliminated in Round 1, with Notts Rangers knocking out Emgals in the Group Final.

*Group A:* Exeter, Exmouth, Kingsteignton, Nat West Exter, Pelynt, Plymouth Pilgrims, Tiverton Town, Torbay United,

*Group B:* Barry, Bath City, Chard, Llanedeyrn, Noel Trigg, RNSTS Bath, St Catherines, Top Rank,

*Group C:* Bracknell, Chippenham, Newbury, Reading, Red Star Southampton, Southampton, Swindon Spitfires, Warminster,

*Group D:* Cove Krakatoa, Fulham, Hampton, Havant, Morden, Waterlooville, Willesden, Wittering,

*Group E:* Friends of Fulham, Kingston Grasshoppers, Marmion Centre, Molesey, Reigate, Shoreham Orient, Shoreline, Worthing,

*Group F:* Albion, C&C Sports, Chelsea, Courthope, Feltham United, Millwall Lionesses, Shelburne, Wealdstone,

*Group G:* Ashford Town, Diamond, Gillingham, Herne Bay, Maidstone, Teynham Strykers, Thanet Bluebirds, Wouldham,

*Group H:* Bedworth, Cope Chat, Droitwich, Piersons United, Solihull, Uley, Windsor Redditch, Worcester,

*Group I:* Amersham Angels, Aylesbury Harlequins, Bracknell Bullets, Flackwell Heath, Launton, Luton, Spurs, Watford,

*Group J:* Arlesey, East Herts College, Gallaher, Hampstead Heathens, Highbury, Luton Daytel, Northwood, Stevenage,

*Group K:* Colchester Swifts, Costessey, Lowestoft, Norwich, Romford, Suffolk Bluebirds, Thurrock, West Ham United,

*Group L:* Bedford Town, Burton Wanderers, BYC Argyle (Burwell Youth Club), EMGALS, Leicester, Notts Rangers, Town & County, Uttoxeter Eagles,

*Group M:* Crewe, Fodens, Macclesfield, Murgatroyd's, Point of Ayr, Prescott, Prestatyn, St Helens,

*Group N:* Cumberland Rangers, Ingol Belles, Lostock Rangers, Preston North End, Preston Rangers, Preston Tigers, Rossendale, Thornton ICI,

*Group O:* Broadoak, Bronte, CP Doncaster, Doncaster Belles, Kilnhurst, Nabwood Athletic, Rotherham, Star Inn,

Group P: Cleveland Rangers, Cleveland Spartans, Hull Brewery, Reckitts, Rowntree, Sunderland, Wallsend,

## Round 1

### Group A

Date	Home			Away	Match Details
28.10.1979	Exeter	5	2	Kingsteignton	
28.10.1979	Illogan	1	3	Tiverton	
28.10.1979	Pelynt	4	3	Exmouth	
28.10.1979	Torbay Unted	0	4	Plymouth Pilgrims	

### Group B

Date	Home			Away	Match Details
28.10.1979	Barry	1	3	St Catherines	
28.10.1979	Bath City	6	1	RNSTS Bath	
28.10.1979	Noe Trigg	8	1	Chard	
28.10.1979	Top Rank	1	8	Llanedeyrn	

### Group C

Date	Home			Away	Match Details
28.10.1979	Chippenham	0	5	Warminster	
28.10.1979	Newbury	0	5	Swindon Spitfires	
28.10.1979	Red Star Southampton	2	1	Reading	
28.10.1979	Southampton	W		Bracknell	

### Group D

Date	Home			Away	Match Details
28.10.1979	Havant	2	4	Willesden	
28.10.1979	Morden	2	4	Cove Krakatoa	
28.10.1979	Waterlooville			Hampton	
28.10.1979	Wittering	2	0	Fulham	

### Group E

Date	Home			Away	Match Details
28.10.1979	Friends of Fulham	1	3	Molesey	
28.10.1979	Marmion Centre	W		Kingston Grasshoppers	
28.10.1979	Reigate	2	1	Shoreline	
28.10.1979	Worthing	0	10	Shoreham Orient	

### Group F

Date	Home			Away	Match Details
28.10.1979	Albion	W		Wealdstone	
28.10.1979	C&C Sports	3	2	Millwall Lionesses	
28.10.1979	Chelsea	3	1	Shelburne	
28.10.1979	Feltham	1	0	Couthope	

### Group G

Date	Home			Away	Match Details
28.10.1979	Ashford Town	W		Wouldham	
28.10.1979	Damond	3	5	Tenham Strykers	
28.10.1979	Gillingham	8	2	Thanet Bluebirds	

28.10.1979	Herne Bay	1	16	Maidstone	
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#### Group H

Date	Home			Away	Match Details
28.10.1979	Piersons United	1	11	Droitwich	
28.10.1979	Solihull	6	0	Bedworth United	
28.10.1979	Uley	4	2	Windsor Redditch	
28.10.1979	Worcester	2	1	Cope Chat	

#### Group I

Date	Home			Away	Match Details
28.10.1979	Bracknell Bullets	0	4	Amersham Angels	
28.10.1979	Launon	28	0	Flackwell Heath	
28.10.1979	Luton	1	10	Spurs	
28.10.1979	Watford	1	6	Aylesbury Harlequins	

#### Group J

Date	Home			Away	Match Details
28.10.1979	East Herts College	4	1	Hampstead Heathens	
28.10.1979	Gallaher	2	7	Luton Daytel	
28.10.1979	Highbury	3	1	Arlesey	
28.10.1979	Stevenage	6	3	Northwood	

#### Group K

Date	Home			Away	Match Details
28.10.1979	Costessey	4	0	Thurrock	
28.10.1979	Norwich	0	3	Lowestoft	
28.10.1979	Romford	2	0	West Ham United	
28.10.1979	Suffolk Bluebirds	3	10	Colchester Swifts	

#### Group L

Date	Home			Away	Match Details
28.10.1979	BYC Argyle	5	1	Uttoxeter Eagles	
28.10.1979	Emgals	9	0	Burton Wanderers	
28.10.1979	Leicester	4	5	Bedford Town	
28.10.1979	Town & County	0	10	Notts Rangers	

#### Group M

Date	Home			Away	Match Details
28.10.1979	Crewe	W		Pont of Ayr	
28.10.1979	Fodens			Macclesfield	
28.10.1979	Prescot	0	4	St Helens	
28.10.1979	Prestatyn	5	0	Murgatroyd's	

#### Group N

Date	Home			Away	Match Details
28.10.1979	Cumberland	0	17	Preston North End	
28.10.1979	Lostock Rangers	1	0	Ingol Beles	
28.10.1979	Rossendale	15	0	Preston Tiges	
28.10.1979	Thornton ICI	0	7	Reston Rangers	

#### Group O

Date	Home			Away	Match Details
28.10.1979	Brone	4	0	Broadoak	

28.10.1979	CP Doncaster	0	7	Doncaster Belles	
28.10.1979	Kilnhurst	4	1	Rotherham	
28.10.1979	Sar Inn	4	2	Nabwood Athletic	

#### Group P

Date	Home			Away	Match Details
28.10.1979	Cleveland Spartans	7	0	Rowntree	
28.10.1979	Hull Brewery	3	2	Sunderland	
28.10.1979	Wallsend	11	1	Reckitts	

Bye: Cleveland Rangers

#### Round 2

#### Group A

Date	Home			Away	Match Details
2.12.1979	Exeter	5	0	Pelynt	
2.12.1979	Plymouth Pilgrims	0	0	Tiverton	

#### Replay

Date	Home			Away	Match Details
9.12.1979	Tiverton	0	1	Plymouth Pilgrims	

#### Group B

Date	Home			Away	Match Details
2.12.1979	Bath City	0	5	Llanedeyrn	
2.12.1979	Noel Trigg			St Catherines	

#### Group C

Date	Home			Away	Match Details
2.12.1979	Swindon Spitfires	2	1	Red Star Southampton	
2.12.1979	Warminster	0	2	Southampton	

#### Group D

Date	Home			Away	Match Details
2.12.1979	Littlehampton	3	2	Cove Krakatoa	

Bye: Willesden

#### Group E

Date	Home			Away	Match Details
2.12.1979	Marmion Centre	5	2	Molesey	
2.12.1979	Reigate	1	5	Shoreham Orient	

#### Group F

Date	Home			Away	Match Details
2.12.1979	Albion	1	5	Chelsea	
2.12.1979	Feltham United	2	1	C&C Sports	

#### Group G

Date	Home			Away	Match Details
2.12.1979	Ashford Town	6	0	Teynham Strykers	
2.12.1979	Maidstone	W		Gillingham	

#### Group H

Date	Home			Away	Match Details
2.12.1979	Droitwich	0	6	Solihull	

2.12.1979	Uley	0	5	Worcester	
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#### Group I

Date	Home			Away	Match Details
2.12.1979	Amersham Angels	19 (9)	1 (0)	Launton	Hervines Park
2.12.1979	Spurs	1	1	Aylesbury Harlequins	

#### Replay

Date	Home			Away	Match Details
9.12.1979	Aylesbury Harlequins	2	0	Spurs	

#### Group J

Date	Home			Away	Match Details
2.12.1979	Luton Daytel	6	1	Highbury	
2.12.1979	Stevenage	10	0	East Herts College	

#### Group K

Date	Home			Away	Match Details
2.12.1979	Costessey	2	4	Colchester Swifts	
2.12.1979	Romford	1	4	Lowestoft	

#### Group L

Date	Home			Away	Match Details
2.12.1979	Bedford Town	0	8	Notts Rangers	
2.12.1979	BYC Argyle	1	4	Emgals	

#### Group M

Date	Home			Away	Match Details
2.12.1979	Crewe	6	8	Fodens	
2.12.1979	St Helens	2	1	Prestatyn	

#### Group N

Date	Home			Away	Match Details
2.12.1979	Preston North End	5	2	Preston Rangers	
2.12.1979	Rossendale			Lostock	

#### Group O

Date	Home			Away	Match Details
2.12.1979	Doncaster Belles	4	2	Kilnhurst	
2.12.1979	Star Inn	0	4	Bronte	

#### Replay

Date	Home			Away	Match Details
16.12.1979	Kilnhurst	0	4	Doncaster Belles	

#### Group P

Date	Home			Away	Match Details
2.12.1979	Cleveland Spartans	4	4	Wallsend	
2.12.1979	Hull Brewery			Cleveland Rangers	

#### Replay

Date	Home			Away	Match Details
2.12.1979	Wallsend	1	6	Cleveland Spartans	

## Round 3 - Group Finals

### Group A

Date	Home			Away	Match Details
6.1.1980	Plymouth Pilgrims	3	2	Exeter	

### Group B

Date	Home			Away	Match Details
6.1.1980	Llanedeyrn			Noel Rigg	

### Group C

Date	Home			Away	Match Details
6.1.1980	Southampton	1	0	Swindon Spitfires	

### Group D

Date	Home			Away	Match Details
6.1.1980	Littlehampton	0	11	Willesden	

### Group E

Date	Home			Away	Match Details
6.1.1980	Marmion Centre	2	0	Shoreham Orient	

### Group F

Date	Home			Away	Match Details
6.1.1980	Chelsea	11	0	Feltham	

### Group G

Date	Home			Away	Match Details
6.1.1980	Ashford Town	0	6	Maidstone	

### Group H

Date	Home			Away	Match Details
6.1.1980	Worcester	0	5	Solihull	

### Group I

Date	Home			Away	Match Details
6.1.1980	Amersham Angels	4	4	Aylesbury Harlequins	
13.1.1980	Aylesbury Harlequins	2	0	Amersham Angels	

### Group J

Date	Home			Away	Match Details
6.1.1980	Luton Daytel	4	1	Stevenage	

### Group K

Date	Home			Away	Match Details
6.1.1980	Colchester Swifts	1	7	Lowestoft	

### Group L

Date	Home			Away	Match Details
6.1.1980	Notts Rangers	1	0	Emgals	

### Group M

Date	Home			Away	Match Details
6.1.1980	Fodens	0	10	St Helens	

### Group N

Date	Home			Away	Match Details
6.1.1980	Preston North End	8	0	Rossendale	

### Group O

Date	Home			Away	Match Details
13.1.1980	Bronte	3	6	Doncaster Belles	

### Group P

Date	Home			Away	Match Details
6.1.1980	Cleveland Spartans	0	1	Hull Brewery	

### Round 4

Date	Home			Away	Match Details
3.2.1980	Chelsea	2	1	Solihull	
3.2.1980	Lowestoft	?	?	Maidstone	
3.2.1980	Luton Daytel	3	1	Noel Trigg	
3.2.1980	Marmion Centre	0	6	Southampton	
3.2.1980	Notts Rangers	2	1	Doncaster Belles	
3.2.1980	Plymouth Pilgrims	2	4	Cleveland Spartans	
3.2.1980	Preston North End	3	2	Aylesbury Harlequin	
3.2.1980	St Helens	5	1	Willesden	

### Quarter-Finals

Date	Home			Away	Match Details
24.2.1980	Cleveland Spartans	5	0	Chelsea	
24.2.1980	Lowestoft	1	2	Preston North End	
24.2.1980	Notts Rangers	0	7	St Helens	
24.2.1980	Southampton	8	2	Luton Daytel	

### Semi-Finals

Date	Home			Away	Match Details
23.3.1980	Preston North End	1	0	Cleveland Spartans	
23.3.1980	St Helens	2	1	Southampton	

### Third Place Playoff

Date	Home			Away	Match Details
4.5.1980	Southampton	2	1	Cleveland Spartans	

### Final

Date	Home			Away	Match Details
4.5.1980	St Helens Sue Holland (75)	1	0	Preston North End	Southbury Road, Enfield

### Final: St Helens v Preston North End

#### Line-Ups:

St Helens: Anne Harkins, Nora Critchley, Jill Anson, Anne Hayde, Sue Holland, Joan Amos (capt)  
Mary Killeen, Alison Leatherbarrow, Judith Turer, Janet Turner. Subs – Janet Long, Shirley  
Thompson.  
Manager: Chrus Slater

Preston North End: - Sally Pilkington, Linda Tottey, Di Murrell, Jo Harwood, Michelle Haylett, Karen  
Masheter (apt), Shirley Harison, Cathy Brindle, Shelia Parker, Lynn Arstall, Wendy Lee. Subs: Clare  
Loman, Viv Hartley.

Manager: Keith Aspinall

Referee: Ron Challis (Tonbridge)

Linemen: K F May and L Bennett

St Helens beat Southampton in the semi-final – the south coast club's first ever defeat in the competition outside of the final itself. The WFA managed to lure Ricardo Villa, Tottenham Hotspur and Argentinean midfielder to present the trophy.

There was little to choose between the north west rivals, with Sue Holland scoring the only goal of the game for St Helens 5 minutes from time. Preston – eight times North West Women's League Champions – had talented England player Sheila Parker in their ranks – who was named Player of the Match despite being on the losing side. Preston never appeared in another final and folded in 1983-84.

St Helens triumph was the proudest moment of their short history, they had only been in existence for just four years. Prior to the final they had already won the Merseyside & Wirral League and League Cup, with Chris Slater becoming the first female manager to win the WFA Cup.